



SEPSIS Risk Management Guide

GREEN ZONE = GOOD	GREEN ZONE MEANS
<p>Vital Signs Normal.</p> <p>No Shortness of Breath.</p> <p>Activity Level Normal.</p> <p>Normal Urine Output.</p> <p>Skin Pink, Warm, and Dry.</p> <p>Alert and Oriented.</p>	<p>Good Hygiene. Proper Hand Washing.</p> <p>Avoid Sources of Infection.</p> <p>Vaccines (Influenza and Pneumonia).</p> <p>Keep your Home Care Nurse appointments.</p> <p><i>Keep Physician Appointments</i></p>
YELLOW ZONE = CAUTION	YELLOW ZONE MEANS
<p>Fever greater than 101F or less than or equal to 96.8F.</p> <p>Rapid Heart Rate.</p> <p>Rapid Respiratory Rate.</p> <p>Increased WBC count indicating infection.</p> <p>Elevated Blood glucose in non-diabetic patient.</p>	<p>Your symptoms may indicate that you may have SEPSIS.</p> <p> Call your Home Health Nurse: 24 HOUR HOTLINE HOME HEALTH CARE SOLUTIONS 877-718-1306</p> <p><i>(Please notify your Home Care Nurse if you contact or go see your MD)</i></p>
RED ZONE = EMERGENCY	RED ZONE MEANS
<p>Respiratory: Severe shortness of breath with oxygen levels less than 90% OR requiring increases in supplemental oxygen.</p> <p>Cardiovascular: Low Blood Pressure (less than 90/40).</p> <p>Renal: Significantly decreased urine output.</p> <p>Neurological: Increase in confusion.</p> <p>Abnormal blood work (Low Platelets, High INR, High Total Serum Bilirubin, High Serum Lactic Acid).</p>	<p>This indicates that you need to be evaluated by your physician right away.</p> <p>Primary MD: _____</p> <p> Phone Number: _____</p> <p><i>(Please notify your Home Care Nurse if you go to the emergency room or are hospitalized)</i></p>

PHONE: (877-718-1306) FAX ONLY-PHYSICIAN ORDERS: (855-718-1309)

This is a standard guideline for SEPSIS Management for HHCS patient education purposes. Always follow your physicians orders pertaining to your care.