



CARDIAC CARE PROGRAM

Heart Failure (HF)

Education and Treatment for Home Care Patients

- **Advanced and Comprehensive Initial/On-Going Assessments**
- **Disease Management and Teaching (Nursing)**
 - Causes and Risk Factors to Avoid
 - Signs and Symptoms to Report
 - Nutrition Programs
 - Monitoring for weight changes and edema
 - Medication Reconciliation and Education
 - Beta Blockers
 - Ace Inhibitors
 - Diuretic therapy
 - Potassium replacement therapy
 - Digoxin
 - Oxygen
 - Lifetime Management
 - Teaching for patient and caregivers
- **Exercise programs—importance of activity (Therapy)**
 - Physical Therapy Services for Graded Exercise Programs to Improve Endurance and Cardiac Health
 - Occupational Therapy Services for ADL's
 - Exercise Programs tailored to the patient's needs
- **Coordination with Physician**
 - Monitoring of Labs
 - Medication changes
 - Help patients keep their scheduled doctor's appointments
- **Heart Monitoring—Telehealth Monitoring**
 - (Blood Pressure, Heart Rate, Weight, Pulse Oximetry)
 - Reports available for physicians
 - Individualized reports can help monitor changes
 - Electronically monitored services
 - Individualized questions that will help determine the need for earlier interventions
- **Reduce Hospitalizations due to Complications**

**Call Toll Free
877-718-1306
Or Fax
855-718-1309**

