



DIABETES CARE PROGRAM

Diabetes Mellitus (DM)

Education and Treatment for Home Care Patients

- **Advanced and Comprehensive Initial/On-Going Assessments**
- **Disease Management and Teaching (Nursing)**
 - Causes and Risk Factors
 - Signs and Symptoms to Report
 - Complications associated with Diabetes
 - Medication Reconciliation and Education
Oral, Injections, Pumps
 - Monitoring Blood Sugars
 - Signs and Symptoms of High/Low Blood Sugars
 - Sick Day Guidelines
 - Foot Care Guidelines
 - Lifestyle Changes and Coping
 - Assistance with Obtaining Supplies
 - Teaching for patient and caregivers
- **Nutrition**
 - Meal Planning
 - Portion Sizes
Counting Carbohydrates
 - Reading Food Labels
 - Collaborative nutritional initiative for better outcomes
- **Physical Training and Activities (Therapy)**
 - Physical Therapy Services for Neuropathy Management, Reduce Muscle Spasms and Improve Mobility
 - Occupational Therapy Services for ADL's/IADL's
 - Exercise Programs tailored to the patient's needs
- **Coordination with Physician**
 - Reporting Changes in Patient Condition
 - Coordinating Labs and Testing (Glucose monitoring/A1C levels)
 - Medication changes
 - Help patients keep their scheduled doctor's appointments

- **Diabetes Monitoring—Telehealth Monitoring**
 - Monitor Blood Sugars
 - Reports available for physicians
 - Individualized reports can help monitor changes
 - Electronically monitored services
 - Individualized questions that will help determine the need for earlier interventions
- **Reduce Hospitalizations due to Complications/Exacerbations**

**Call Toll Free
877-718-1306
Or Fax
855-718-1309**

